



Winter Edition – June 2003

Well here we are mid way through winter and already we are starting to think about the next season.

The AGM for the Association will be held on Tuesday 26th August at the RSYS commencing from 6pm. Light refreshments will be served and a guest speaker with superb credentials on racing tactics has being organised to present on the evening. A separate notice and agenda will be sent via Royal Mail to all current members.

Cav-28 Association Membership Renewals

Membership renewals are now due. The registration form is attached to the main email body. Your attention is also drawn to the references to RRS, also listed in the renewal attachment.

Training Opportunity

Your committee has been working hard over the break, and as mentioned previously we have engaged the services of Olympic sailing coach Mike Fletcher to run a training course specifically designed for the Cav-28. This is particularly reinforced by the fact the practical component will be conducted on your boat with your crew.

The training will consist of 2 modules;

- a) A theory session on Thursday 16th October Venue TBC from 6-8pm
- b) A practical on-water session on either Sunday 19th or 26th October from 9am-4pm, where

boat are paired and practice starts, works and runs. Mike follows in a rubber ducky providing valuable tips on aspects of trim. This session will conclude with a 1-hour debrief back at the CYCA. Visiting yachts will be able to moor in the pond.

The course is strictly limited to 12 yachts and their respective crews. The Sunday sessions will be split into 6 boats each. To ensure that we can match boats with like handicaps, we need to get your preferences for the Sunday event.

The cost of the training is being subsidised by the Cavalier 28 Association, limiting the out of pocket expense for each yacht to an attractive \$100. That's an average of \$20 per crew member.

A registration form is attached to this newsletter together with payment details. This is a '*first in first*' served event.

Post Script – April Edition

Many apologies to Richard Lamrock on CaVa for not acknowledging his Easter achievements. The results were unknown at the time of publication but I am happy to report the results for CaVa who competed in the RSYS Pittwater series over the Easter/Anzac break.

- 1st Cruise Inshore Pointscore
- 1st Heat #4 Committee Trophy

Well done Richard. CaVa is also featured on the front cover of the June SASC News, seen reaching for the heads during the Bob

Brown Pittwater race. If any one else has similar achievements I would be happy to list them.

Annual Dinner wrap up.....

The Annual dinner and prize giving was great success with over 70 owners, partners and crews enjoying the fabulous meal and beverages on offer at the CYCA. Whilst the evening was stormy and cold outside, the friendship and camaraderie inside made for a pleasant and entertaining evening. We saw some new faces and also great representations by crew members. Many thanks to Stephen O'Halloran's legal firm White Barnes for the wonderful donation of the of Vintage port, won by Greg McGroder (Blind Justice) despite obvious protests by the assembled throng. A separate Ladies lucky door prize (DJ's vouchers) were won by Arawa and Quambi participants.

Photos of the evening are attached to the main email body

Web sites

<http://www.nationalgeographic.com/volvooceanrace> for those not so keen to be on the water during winter, sail from the comfort of your PC. Follow the prompts to the interactive are of the site.

<http://www.weatheronline.co.uk/cgi-bin/windframe?3&CONT=aupa&WIND=g166&LANG=en>

Do you sometimes wonder what the weather will be like in a few days time. This site has a 7-day forecast. Whilst it does not get to harbour detail, it is worthwhile to see what weather is developing from the coast. Sydney is around 33s / 151e

Seen on the harbour over winter!!!!

Whilst some people take a well earned break to balance domestic bliss, others

have been seen to sneak out and chuck the white flappy stuff in the air.

- *Gemmel Sails* seen on the 666 boat. We might see a faster, higher pointing competitor in the next season.
- A couple of Larrikins shooting round the buoys on a Sydney-32 in the BMW winter series CYCA.
- Richard Lamrock has been seen gunwale hopping on Saturday and Sundays
- He looked like Aristotle, but alas the current President was seen running the foredeck on a wooden Classic.
- Justin assured me that the ice was for first aid purposes as he prepared for a winter race.
- 3 Cavs enjoyed a sumptuous seafood feast in the shelter of Blackwattle Bay over the long weekend. Working hard for the Assoc. they attracted the attention of another prospective Cav-28 member

Vicky & Richard Harper Go to the Philippines

Our ex-President and his wife are heading to the Philippines on July 25, for three months, Vicky to work with a school, and Richard to be a community development worker with the Tabuk (North Luzon) diocese. So if you know anyone or anything that would be helpful to us in our three months stay in Balbalasang in the province of Kalinga, then we'd love to hear about it/them.

rharper1@bigpond.net.au If you get a bright idea after we've left >whisperer88@hotmail.com<is probably a better address to use.

Pre season checklist

Now is the perfect time to start preparing for the season. We are only 9 weeks

away from the first race of the season, which will fly past. Here are a few memory joggers to put on the list;

- Confirm crew lists + a reserve bench
- Organise a trial day before racing to check all running gear and working conditions.
- Remark on deck check marks and tension limits for back stays.
- Thread some sail thread through the upper limits on halyards to make it easier for the Pit man.
- To save money on replacing worn main sheets etc, swap the pressure points by turning them end to end
- Spray snap shackles and lead edges of bolt ropes.
- Check traveller car is free running
- Diary for safety checks with your club
- Submit entry forms.
- Ensure that crews are paid up YA members. *RRS 46*

Crew checklist

Procuring, training, motivating and subsequently maintaining good crew is the dilemma of all owners, unless the crew are all owners. Here are some tips on achieving this.

- Confirm regular crews well before the season starts.
- If short of regular crew try the crew registers at your club
- Do you have a reserve bench to draw on?
- Encourage newcomers to the sport to attend a competent crew course for the basics of seamanship, or alternatively do this yourself, ideally outside of race conditions.
- Encourage crew to attend racing rules nights regularly run through yacht clubs and the YA.

Diary events (✂ easy cut out reminder for placement on fridge)

- Aug 26th – AGM 6pm RSYS
- Aug 30 + Sept 6 - SASC Safety Audit and Fire Extinguisher check -
- Sept. 13th – SASC Lion Island Race – Cat.4
- Sept 20th – Non Pointscore Cav 28 Race
- Sept 27th - 1st Pointscore Race
- No Racing during long weekend
- Thurs Oct 16 -Fletcher Training Theory night 6 pm (*Venue TBC*)
- Oct 19+26 – Fletcher On-water training. 9am to 4pm



Many enquiries are received by the Association for quality Cav-28's. If you are thinking of selling your boat, be sure to register your intentions so that prospective buyers can be directed to your way.

Racing Rules refresher seminar

Here is a great chance to refresh before the start of the season. Why not take some crew along to this informative night, Monday 4th August at RSYS, 7pm to 10pm by Mark Pryke. \$10 RSYS members others are \$20, bookings can be made on 9955-7171 to confirm a place. Numbers are limited.

Cat. 4 Races

Over the last 12 months I have extolled the virtues of competing in the short coastal races, namely the Lion Island race (40nm) in September and the Bob Brown Trophy Race (20nm) at Easter. Another enticing aspect is the fact they do not clash with the regular Cavalier Series. The races require different skills and tactics than those required on a Saturday afternoon, and in my mind this difference creates the challenge that lures us to the start line.

One inhibitor to more Cav's starting that is often raised is the costs to equip the boat to Cat. 4. When you look at the requirements and the ease to buy, borrow or hire the equipment, the obstacles are somewhat diminished. The Cat.4 checklist can be found through the following internet link;

<http://www.sasc.com.au/Cat%203%20&%204.pdf>

Major Items like Dan Buoys, VHF, can be borrowed or purchased for minimal cost. The EPIRB can even be hired through www.epirbhire.com.au be hired from as low as \$50 for the 121.5Mhz or \$120 for the super deluxe 406Mhz. They even hire hand held VHF and GPS units for \$50.

All other items like jack stays, emergency steering, MOB retrieval gear, harnesses and PFD's are also easily obtained.

If you need more information, or advice on putting together the gear, why not give Cec Williams or myself a call to discuss how easy it is for the immense amount of fun you get out of it. If we

can manage at least 5 Cav's in a race we can establish a class division and trophy.

We look forward to see you all at the start of the season.

Bryan Moore

Publicity and Promotions

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<p>If you have received this newsletter indirectly and wish to be placed onto the distribution list for future editions, please forward me your email address.</p>
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Mike Fletcher – Training Event Application Form

Please register me for this fabulous opportunity

Yacht _____ Sail # _____

Name _____

Address _____

_____ Post Code _____

Mobile # _____ Email _____

Sunday Preference

*Please indicate your preference for either **one or both** Sundays. You are encouraged to list a preference against both Sundays so that participant numbers can be balanced and handicaps matched.*

Sunday 19th October

and/or

Sunday 26th October

Crew members attending: Not mandatory, but will assist in club entry requirements and crew ID.

1	2
3	4
5	6

Please forward this registration and cheque made out to Cav-28 Association to
Bryan Moore
92/25 Best St, Lane Cove, NSW, 2066

For **Express** Registration, you can fax this registration to me on (02) 9420-1403 and forward you cheque in the mail.